

## 3 Quick & Easy Ways to Register:

- 1** Go to **www.celebrate-fitness.org** and follow the simple directions.  
*Registration fee = \$30 Online registration closes 3/1/10*
- 2** Complete the form below and mail to:  
 Siteman Cancer Center – Celebrate Fitness  
 7425 Forsyth Blvd. Suite 2200  
 Campus Box 1204  
 St. Louis, MO 63105  
*Registration fee = \$30 Entries must be postmarked by 2/27/10*
- 3** Roll out of bed on Saturday, March 6, grab your gear and join us at the Washington University Athletic Complex. *Day of Registration fee = \$35*

AND, don't forget to ask all of your friends, family and co-workers to be an "Angel" by sponsoring you in your support of Celebrate Fitness and the Young Women's Breast Cancer Program at Siteman Cancer Center!

TEAM NAME \_\_\_\_\_ TEAM CAPTAIN \_\_\_\_\_

YOUR NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

E-MAIL \_\_\_\_\_

circle: M / F

DATE OF BIRTH (MONTH/DAY/YEAR) \_\_\_\_\_ GENDER \_\_\_\_\_

- I've enclosed my check for \$30 PAYABLE TO SITEMAN CANCER CENTER
- Please charge my credit card: *(We accept MasterCard, Visa and Discover)*

CREDIT CARD # \_\_\_\_\_ EXP DATE \_\_\_\_\_

SIGNATURE \_\_\_\_\_

- SORRY, I can't attend, but please accept my donation of \$ \_\_\_\_\_

**RUN/WALK SELECTION** Please visit **www.celebrate-fitness.org** for all the details!

- 5K Competitive Run *Managed by Ghisallo Running*
- 5K Walk
- 1 Mile Fun Walk

**Questions? Email us at [info@celebrate-fitness.org](mailto:info@celebrate-fitness.org) or call 314-935-5511**

Run results will be posted on [www.ghisallotimes.blogspot.com](http://www.ghisallotimes.blogspot.com) and [www.celebrate-fitness.org](http://www.celebrate-fitness.org) no later than 3/9/10

Saturday, March 6, 2010

**Francis Field  
 Washington University  
 Athletic Complex**

7:00 – 8:00am Day of Registration & Check-in

8:00am Opening Ceremony

8:30am Race Begins

Award ceremony immediately following the competitive run

The top 10 men and top 10 women will receive awards

The Celebrate Fitness 5K race course will feature scenery of the Clayton/Forest Park area sure to wow even the most seasoned runner or walker. With an atmosphere of energy and motivation, Celebrate Fitness will be an event that all experience levels will enjoy!

**WAIVER OF RESPONSIBILITY:**

BY REGISTERING TO PARTICIPATE IN CELEBRATE FITNESS, I AGREE TO THE FOLLOWING: In consideration of Celebrate Fitness and its beneficiary the Alvin J. Siteman Cancer Center at Barnes-Jewish Hospital and Washington University School of Medicine permitting me to participate in Celebrate Fitness activities, I hereby waive, release and discharge myself, my heirs, successors and assign any and all rights and claims which I may have or which may hereafter arise or which I may assert against Celebrate Fitness, its beneficiary Siteman Cancer Center, and Washington University and Barnes-Jewish Hospital, all their officers, directors, employees, volunteers and agents as well as any sponsors of the event for any personal injury or property damage which I may suffer or sustain as a result of my participation in Celebrate Fitness 2010. I hereby assume all risks of any such injury and damage. I further indemnify and hold harmless Celebrate Fitness, Siteman Cancer Center, Washington University, Barnes-Jewish Hospital for any claims of personal injury or property damage by third parties, and costs related thereto (regardless of outcome) that may result result from my participation in this event. I certify that I am physically fit to participate in any activity which I may enter as part of this event. I give permission to Celebrate Fitness and its beneficiary the Siteman Cancer Center to use records or photos of me for media accounts and purposes involving Celebrate Fitness 2010 and/or its beneficiary Siteman Cancer Center.

SIGNATURE / I AM 18 YEARS OF AGE OR OLDER \_\_\_\_\_

SIGNATURE OF PARENT/GUARDIAN FOR REGISTRANTS UNDER THE AGE OF 18 \_\_\_\_\_

DATE \_\_\_\_\_