



3.19.2016
10:00 AM
Taste of
Achievement 6k
& One-Mile Fun Run



Academy of Nutrition
and Dietetics of St. Louis

Join the Academy of Nutrition & Dietetics St. Louis for our 3rd annual run in celebration of National Nutrition Month! Price includes t-shirt, post-race snack, and free recipes! Participants of all ages and fitness levels are welcome & encouraged to partake in this activity promoting health diet & lifestyle. Water stations available throughout track and at finish. We will be collecting canned food items to donate to Operation Food Search. Please bring what you can!

Register online at: www.bigriverrunning.com/

Creve Coeur Lake Park at Tremayne Shelter

Details & Map to be Emailed

\$26 → 6K
\$21 → 1-mile fun run
Kids under 10 are
free!

Bring Canned Food
Items for Operation
Food Search!

Paid registrants get
a short-sleeved
sport performance
shirt!

Kids, strollers &
dogs welcome!

Register online until
3.17.16 and by
3.1.16 for
guaranteed shirt
size. Day of
registration is
available for an
extra \$5 fee.

Face-painting,
raffles, 50/50, and
wellness vendors!

ACADEMY OF
NUTRITION &
DIETETICS ST. LOUIS
NNM Committee Co-Chairs
Amye O'Neal & Lori Sinclair
314.882.5505

This event is sanctioned
by USA Track & Field.